

CURRICULUM VITAE

Iain N. Packham

BM, BS, BMedSci, PgDip, MRCSG, FRCS (Tr & Orth)

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Personal Details

Name: Iain Nicholas Packham

NHS Appointment: Consultant in Trauma and Orthopaedic Surgery with a specialist interest in the Upper Limb, North Bristol NHS Trust.
Southmead Hospital, Southmead Road, Westbury on Trym, Bristol.
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Private Practice: Sport and Orthopaedic Clinic Ltd., Bristol. (Director),
Spire Hospital Bristol, Durdham Down, Bristol. BS6 6UT

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Qualifications: C.C.T. Trauma and Orthopaedics (2007).
Postgraduate Diploma in Orthopaedic Engineering (2006).
F.R.C.S. (Tr & Orth) (2006)
M.R.C.S. (Glasg.) (2000)
B.M., B.S. (1996)
B.Med.Sci. (1994).

Professional Societies: British Orthopaedic Association, Fellow.
Royal College of Physicians and Surgeons Glasgow, Fellow.
British Elbow and Shoulder Society.
British Association Surgery of the Knee.
European Society of Sports traumatology Knee surgery and Arthroscopy.
International Society of Arthroscopy, Knee surgery and Orthopaedic Sports medicine.
British Association of Snowsport Instructors.

Article publications:

Predictors of mortality following shoulder arthroplasty. Dacombe P, Harries L, McCann P, Crowther M, Packham I, Sarangi P, Whitehouse MR. *J Orthop*. 2020 May 4;22:179-183.

Predictors of length of stay following shoulder arthroplasty in a high-volume UK centre. Dacombe P, Harries L, McCann P, Crowther M, Packham I, Sarangi P, Whitehouse MR. *Ann R Coll Surg Engl*. 2020 Apr 17:1-6

Blood transfusion rates following shoulder arthroplasty in a high volume UK centre and analysis of risk factors associated with transfusion. Dacombe PJ, Kendall JV, McCann P, Packham IN, Sarangi PP, Whitehouse MR, Crowther MA. *Shoulder Elbow*. 2019 Jul;11(2 Suppl):67-72. Epub 2018 May 14.

The management of bilateral posterior fracture dislocations of the shoulder: a case series illustrating management options. Uppal H, Robinson P, Packham I, Crowther M. *Shoulder and Elbow* 2016 8(2) 111-117.

Financial ramifications of inaccurate clinical coding in two common orthopaedic procedures. Tucker D, Parry M and Packham I. *Bulletin of The Royal College of Surgeons of England* 98(1):34-27 January 2016.

Pectoralis major tendon repair: a biomechanical study of suture button versus transosseous suture techniques. Thomas W, Gheduzzi S, Oackham I. *Knee Surg Sports Traumatol Arthrosc*. 2015 Sep;23(9):2617-23.

Proximity of the axillary nerve during bicortical drilling for biceps tenodesis. Lancaster S, Smith G, Ogunleye O, Packham I. *Knee Surg Sports Traumatol Arthrosc*. 2014 Aug 10.

Proximity of axillary nerve during cortical button repair of pectoralis major tendon rupture. Lancaster S, Smith G, Ogunleye O, Clark D, Packham I. *Shoulder and Elbow*, Vol 6, 1:29-34. January 2014.

Open reduction and plate fixation versus nonoperative treatment for displaced midshaft clavicular fractures: a multicenter, randomized, controlled trial. Robinson CM, Goudie EB, Murray IR, Jenkins PJ, Ahktar MA, Read EO, Foster CJ, Clark K, Brooksbank AJ, Arthur A, Crowther MA, Packham I, Chesser TJ. *J Bone Joint Surg Am*. 2013 Sep 4;95(17):1576-84.

First time traumatic anterior shoulder dislocation: a review of current management. Smith GC, Chesser TJ, Packham IN, Crowther MA. *Injury*. 2013 Apr;44(4):406-8.

Conservative management versus open reduction and internal fixation for mid-shaft clavicle fractures in adults-the Clavicle Trial: study protocol for a multicentre randomized controlled trial. Longo UG, Banerjee S, Barber J, Chamblor A, Cobiella C, Corbett S, Crowther M, Drew S, Francis A, Lee M, Garlick N, Packham I, Pearse Y, Richards A, Roberts C, Tennent D, Tims E, Ahrens PM. *Trials*. 2011 Feb 28;12:57.

Avulsion of the proximal hamstring origin. Surgical technique. Carmichael J, Packham I, Trikha SP, Wood DG. *J Bone Joint Surg Am*. 2009 Oct 1;91 Suppl 2:249-56.

Avulsion of the Proximal Hamstring Origin. Wood D, Packham I, Trikha P, Linklater J. Am J Bone Joint Surg Am 2008 Nov 01;90(11):2365-2374.

Patellar tendon length after knee arthroplasty with and without preservation of the infrapatellar fat pad. Lemon M, Packham I, Narang K, Craig DM. J Arthroplasty. 2007 Jun;22(4):574-80. Epub 2007 Mar 9.

A prospective randomised double-blind trial of the use of intrathecal fentanyl in patients undergoing lumbar spinal surgery. Chan JH, Heilpern GN, Packham I, Trehan RK, Marsh GD, Knibb AA. Spine 2006 Oct 15;31(22):2529-33.

Does pulse lavage reduce hip hemiarthroplasty infection rates? Hargrove R, Ridgeway S, Russell R, Norris M, Packham I, Levy B. Journal of Hospital Infection 2006 Apr;62(4):446-9.

Pelvic and acetabular fractures in the United Kingdom: A continued public health emergency. M Solan, S Molloy, I Packham, D Ward, M Bircher. Injury. 2004 Jan;35(1):16-22.

Pre-Vascular Hernia: A rare cause of chronic obscure groin pain after inguinal hernia repair. Aldridge A, Packham I, Nash A. Hernia Mar;5(1):53-5, 2001 Mar.

The contribution of bone densitometry to the diagnosis and treatment of osteoporosis. Coupland CA, Packham I, Lyons AR, Chilvers CE, Hosking DJ. Public Health. 1997 Apr 15;210(8):1169-72.

Additional publications:

Natural History of Poly L-Lactide Bioabsorbable screw following tibial fixation of hamstring graft in ACL surgery [Abstract] A P Sprowson, S A Aldridge, K S Rankin, I N Packham and D G Wood. J Bone Joint Surg Br 2012 vol. 94- B no. Supp XXIX 94.

Neuropathic pain following hip resurfacing... [Letter] Packham I. Journal Bone & Joint Surgery, Br. August 2011 (ePub).

An unexpected painful end [letter]. Barakat M, Torres-Gau J, Packham I. Medical Protection Society Casebook Volume 19 Issue 1 January 2011.

Avulsion of the Proximal Hamstring Tendons. [Abstract] Wood D, Packham I, Trikha P, Linklater J. (Proceedings American academy Orthopaedic Surgeons, March 2008).

Surgical repair of the proximal hamstring origin. [Letter] Packham I, Trikha P, Wood D. Am J Bone Joint Surg. Epub 2007 June.

A rare, secondary, grade II myxoid chondrosarcoma of the distal phalanx of the hand arising from a pre-existing enchondroma. [Abstract] Trehan, I Packham, P Mehrotra, and G Marsh. Journal of Bone and Joint Surgery – British Volume, May 2006, 88-B, 300. (Proceedings British Orthopaedic Oncology Society).

A prospective randomised double blind trial on the use of intrathecal Fentanyl in patients undergoing lumbar spinal surgery [Abstract]. J Chan, G Heilpern, I Packham, G Marsh, A Knibb. Journal of Bone and Joint Surgery – British Volume. 88-B, 221. (Proceedings of the British Association Spinal Surgeons, February 2005).

Personality characteristics and personal motivators in orthopaedic trainees [Abstract] Packham I. et al.. Proceedings of the 11th Combined Orthopaedic Associations, October 2004.

The early management of pelvic and acetabular fractures. [Abstract] Solan , M, Packham, I, Molloy, S, Ward, DA, Bircher, MD. Journal of Bone and Joint Surgery – British Volume. 85-B (Supplement II):98, 2003. (Proceedings British orthopaedic Association).

The Rate of Instrument breakage during orthopaedic procedures [Abstract]. M Price, S Molloy, M Solan, I Packham, D Ricketts. Proceedings SICOT/SIROT, Annual International Conference, August 2001.

Assessment of the diagnostic use of risk factors for osteoporosis in a bone metabolism clinic - a clinical audit. [Abstract]. Packham, I. et al. Current Research in Osteoporosis and Bone Mineral Measurement III: 1994.

Presentations:

Blood transfusion rates following shoulder arthroplasty in a high volume UK centre and analysis of risk factors associated with transfusion. Dacombe P, Kendall J, McCann P, Packham I, Sarangi P, Whitehouse M, Crowther M. (BESS, Harrogate, 2019).

Open reduction and plate fixation versus non-operative treatment for displaced midshaft clavicle fractures. A multicenter randomized control trial. Robinson CM, Goudie P, Jenkins P, Ahkter M, Murray I, Brooksbank A, Arthur A, Crowther M, Packham I, Chesser T. (BESS, 2016).

Proximity of the Axillary nerve during bicortical drilling for biceps tenodesis. Lancaster S, Smtih G, Ogunleye O, Packham I. (BESS, Nottingham, 2015)

Natural history of poly L-Lactide bioabsorbable screw following tibial fixation of hamstrings graft in ACL surgery. Sprowson A, Aldridge S, Rankin K, Packham I, Wood D. BASK (Cardiff, 2011). (National poster presentation).

Avulsion of the Proximal Hamstring Tendons a Classification. Wood D, Packham I, Trikha P, Linklater J. AAOS (San Francisco, 2008). (International poster presentation).

The fate of the bio-interference screw, seven year results. D Wood, I Packham. Combined Australian and New Zealand Orthopaedic Association Meeting (Canberra, October 2006). (International podium presentation).

The surgical management of hamstring injuries. D Wood, I Packham. Scientific Meeting National Association Muskulo-skeletal Medicine (Canberra, October 2006). (National podium presentation).

A rare, secondary, grade II, myxoid chondrosarcoma of the distal phalanx of hand arising from a pre-existing enchondroma. Trehan R, Packham I, Mehrotra R, Marsh G. (British Orthopaedic Oncology Society, Oxford, 2005).

Skiing injuries among orthopaedic surgeons. Packham I, Trehan R, Magnussen P. Combined Trauma Society Meeting (Athens, October 2005). (International podium presentation presented in my absence by Mr Trehan).

The Mayday Wallis Ligament experience. Packham I, Chan J, Trehan, R, Marsh G. Sam Simmonds- South West Thames Meeting. April 2005. (Regional podium presentation).

One year audit of discectomies. British Association Spinal Surgeons Chan J, Packham I, Bahl A, Marsh G. (Aberdeen, February 2005). (National Podium presentation).

A prospective randomised double blind trial on the use of intrathecal Fentanyl in patients undergoing lumbar spinal surgery. British Association Spinal Surgeons (Aberdeen, February 2005). Packham I, Chan J, Heilpern G., Marsh G. (National podium presentation).

Personality characteristics and personal motivators in orthopaedic trainees. Combined Orthopaedic Associations (Sydney, October 2004). Packham I, Redfern D, Cetti R, Lemon M. (International poster presentation).

Preliminary results of a prospective randomised double blind trial on the use of intrathecal Fentanyl in patients undergoing lumbar spinal surgery. Combined Orthopaedic Association (Sydney, October 2004). Packham I, Heilpern G., Marsh G. (International podium presentation).

The Early Management of Pelvic and Acetabular Fractures - S.I.C.O.T. (Paris, 2001) Packham I, Solan M, Molloy S, Ward D, Bircher M (International podium presentation).

The Rate of instrument breakage during orthopaedic procedures.- SICOT (Paris, 2001) Price M, Molloy S, Solan M, Packham I, Ricketts D (International podium presentation)

A clinical audit of a specialist osteoporosis clinic. 1994 International Conference on Osteoporosis and Bone Mineral Measurement – Bath (International poster presentation).

Fellowship Training:

Smith and Nephew Shoulder Fellowship. Cape Shoulder Institute, CapeTown, South Africa. Dr Joe De Beer, January to July 2006.

Australian Institute Musculo-Skeletal research, North Sydney Orthopaedic and Sports Medicine Centre, Sydney, Australia. Dr D Wood, July 2006 to January 2007.

Training:

Higher Surgical Training, Orthopaedic and Trauma Surgery.
South-West Thames region (2001 -2007)

Basic Surgical Training, South West Thames Region, Chelsea and Westminster University Hospital and North Middlesex Hospital, London (1997-2001)

Pre registration House Officer, Nottingham City and University Hospitals (1996-1997)

Medico-Legal Training:

Medico-Legal Course (SpecialistInfo, Bristol).

Clinical Negligence Medico-Legal Course (SpecialistInfo, London).

Faculty:

Watanabe Basic Shoulder Arthroscopy Course (London, 2019)

Midlands Shoulder Course, Current Concepts & Controversies. Arthroscopic Stabilisation, (Live demonstration). (Birmingham, 2016).

Arthrex Shoulder Course, Rotator Cuff Repair (Live demonstration) (Munich, 2015)

British Orthopaedic Association Congress – ACJ and Lateral Clavicle (Brighton, 2014)

Midlands Shoulder Course, Current Concepts & Controversies. Stemless Arthroplasty (Birmingham, 2012).

Bristol Upper Limb Course (Bristol, 2011-2016).

Sports Knee Injuries course (St George's Hospital, London, 2008 and 2009).

Shoulder Surgery Approaches and Anatomy (St George's Hospital, London, 2008).

Basic Surgical Skills Course (St George's Hospital, London, 2007).

Early Management of Severe Trauma (Prince of Wales Hospital, Sydney, 2006).

Advanced Trauma Life Support Course (St Richards Hospital, Chichester, 2005).

Basic Surgical Skills Course - Instructor (Kingston Hospital, 2003).

Educational Roles:

Post Graduate Tutor, Trauma and Orthopaedic Surgery, Severn Deanery (2017-2019).

Examiner University of Bristol Musculoskeletal Undergraduate examinations.

Bristol University, Undergraduate Tutor SSC and MDEMO.

Severn Deanery, Educational and Clinical Postgraduate Supervisor F1/F2 and ST level trainees.

Management:

Previous Chair Clinical Risk Committee and T and O Representative, North Bristol NHS Trust.
T and O Representative Local Negotiating Committee, North Bristol NHS Trust.